

Little Steps

Planning some little steps / mini actions will increase the chances of you achieving your goal. Write some steps below and, if possible, add some dates, either now or as soon as possible.

Name:		
Goal:		
Date:		
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		